

Portland

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2008)	62,561	1 st
Population change between 1998 and 2008	+1.1%	22 nd
Population per square mile (2008)	2,950	1 st
Median age (2000)	35.7	22 nd
Under 18 (2000)	18.8%	26 th
65 and over (2000)	13.9%	13 th
Racial and ethnic minorities (2000)	9.4%	1 st
Not fluent in English (2000)	1.97%	1 st
Living in poverty (1999)	14.1%	2 nd
Less than a high school education (2000)	11.7%	8 th
Single parent households (2000)	8.1%	13 th

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	City	County	State
1. Cancer	256	227	242
2. Heart Disease	239	191	237
3. Chronic Lower Respiratory Diseases	53	51	61
4. Cerebrovascular Diseases	53	50	61
5. Alzheimer's Disease	61	48	38
6. Unintentional Injuries	49	36	40
7. Influenza and Pneumonia	34	26	24
8. Diabetes Mellitus	28	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	28	20	19
10. Septicemia	18	11	10
All Causes	1,061	884	969

Shading indicates a significant difference from the state.

Portland has a significant INCREASE in...

Indicator	Current	Prior	% increase
Annual substance use arrests per 1,000	14.2 (2004-08)	9.3 (1999-03)	53%
Annual violent crimes per 10,000	40.8 (2004-08)	32.2 (1999-03)	27%
Annual chlamydia cases per 100,000	367 (2005-07)	292 (2002-04)	26%
Annual domestic violence crimes per 10,000	86.4 (2004-06)	77.8 (2001-03)	11%
Eligibility for free or reduced school lunches	48.8% (2009-10)	45.0% (2008-09)	8%
Controlled substance prescriptions per person	1.98 (2008)	1.89 (2007)	5%

Portland has a significant DECREASE in...

Indicator	Current	Prior	% decrease
Home and nurse visits per 1,000**	29.5 (2007)	36.3 (2006)	19%
Hospital visits per 1,000**	119.1 (2007)	146.2 (2006)	19%

Portland has...

High levels of	Low levels of
Violent crimes	Lyme disease
Domestic violence crimes	Smoking-related diagnoses**
Chlamydia	Emergency department visits**

Represents the highest and lowest percentages among all significant indicators listed on the next page.

**Among those with private insurance.

PORTLAND Indicators HIGHER than the State			
CHRONIC DISEASE	Value	State value	% higher
Depression per 1,000 (2007)**	86.3	59.1	46%
Asthma per 1,000 (2007)**	33.4	30.2	11%

PORTLAND Indicators LOWER than the State			
CHRONIC DISEASE	Value	State value	% lower
Smoking-related diagnoses per 1,000 (2007)**	5.9	8.6	32%
Coronary heart disease per 1,000 (2007)**	10.3	14.4	28%
Diabetes per 1,000 (2007)**	34.9	43.0	19%

INFECTIOUS DISEASE	Value	State value	% higher
Annual chlamydia per 100,000 (05-07)	367	180	103%
Annual enteric diseases per 100,000 (2005-07)	74	45	62%

INFECTIOUS DISEASE	Value	State value	% lower
Annual Lyme disease per 100,000 (2005-07)	15	28	48%

HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007)**	29.5	25.9	14%

HEALTH ACCESS	Value	State value	% lower
Emergency department visits per 1,000 (2007)**	131.4	191.2	31%
Hospital visits per 1,000 (2007)**	119.1	126.1	6%

FAMILY HEALTH	Value	State value	% higher
Eligibility for free or reduced school lunches (2009-10)	48.8%	43.0%	13%

FAMILY HEALTH	Value	State value	% lower
Annual births per 1,000 women 15 to 44 (2002-06)	49.0	52.0	6%

INJURY AND VIOLENCE	Value	State value	% higher
Annual violent crimes per 10,000 (2004-08)	40.8	11.4	259%
Annual domestic violence crimes per 10,000 (2004-06)	86.4	41.2	110%
Disabling occupational injuries per 1,000 workers (2008)	37.4	21.0	78%

SUBSTANCE USE	Value	State value	% higher
Controlled substance prescriptions per person (2008)	1.98	1.76	12%
Annual substance use arrests per 1,000 (2004-08)	14.2	13.4	6%

ENVIRONMENTAL HEALTH	Value	State value	% higher
Housing built before 1950 (2000)	57.7%	35.8%	61%

**Among those with private insurance.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

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