

Cape Elizabeth

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2008)	8,793	10 th
Population change between 1998 and 2008	-3.0%	25 th
Population per square mile (2008)	597	5 th
Median age (2000)	43.1	3 rd
Under 18 (2000)	26.5%	5 th
65 and over (2000)	16.0%	4 th
Racial and ethnic minorities (2000)	2.4%	13 th
Not fluent in English (2000)	0.80%	4 th
Living in poverty (1999)	3.1%	23 rd
Less than a high school education (2000)	3.2%	26 th
Single parent households (2000)	5.2%	24 th

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	237	227	242
2. Heart Disease	183	191	237
3. Chronic Lower Respiratory Diseases	56	51	61
4. Cerebrovascular Diseases	60	50	61
5. Alzheimer's Disease	103	48	38
6. Unintentional Injuries	20	36	40
7. Influenza/Pneumonia	25	26	24
8. Diabetes Mellitus	20	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	29	20	19
10. Septicemia	**	11	10
All Causes	916	884	969

Shading indicates a significant difference from the state.
 **Too few to be disclosed.

Cape Elizabeth has a significant INCREASE in...

Indicator	Current	Prior	% increase
Annual substance use arrests per 1,000	10.3 (2004-08)	6.0 (1999-03)	71%
Controlled substance prescriptions per person	1.31 (2008)	1.25 (2007)	5%

Cape Elizabeth has a significant DECREASE in...

Indicator	Current	Prior	% decrease
Hospital visits per 1,000***	88.2 (2007)	120.1 (2006)	27%

Cape Elizabeth has...

High levels of	Low levels of
Lyme disease	Eligibility for free or reduced school lunches
Home and nurse visits***	Violent crimes
Depression***	Domestic violence crimes

Represents the highest and lowest percentages among all significant indicators listed on the next page.

***Among those with private insurance, and by region that includes Scarborough.

CAPE ELIZABETH Indicators HIGHER than the State			
HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007)***	33.9	25.9	31%

CAPE ELIZABETH Indicators LOWER than the State			
HEALTH ACCESS	Value	State value	% lower
Disabled (2000)	11.0%	20.0%	45%
Emergency department visits per 1,000 (2007)***	114.5	191.2	40%
Hospital visits per 1,000 (2007)***	88.2	126.1	30%

CHRONIC DISEASE	Value	State value	% higher
Depression per 1,000 (2007)***	66.7	59.1	13%

CHRONIC DISEASE	Value	State value	% lower
Smoking-related diagnoses per 1,000 (2007)***	5.3	8.6	39%
Diabetes per 1,000 (2007)***	32.4	43.0	25%
Coronary heart disease per 1,000 (2007)***	11.6	14.4	19%

INFECTIOUS DISEASE	Value	State value	% higher
Annual Lyme disease per 100,000 (2005-07)	75	28	167%

INFECTIOUS DISEASE	Value	State value	% lower
Annual chlamydia per 100,000 (2005-07)	113	180	37%

INJURY AND VIOLENCE	Value	State value	% lower
Annual violent crimes per 10,000 (2004-08)	2.0	11.4	82%
Annual domestic violence crimes per 10,000 (2004-06)	8.6	41.2	79%
Disabling occupational injuries per 1,000 workers (2008)	6.7	21.0	68%

SUBSTANCE USE	Value	State value	% lower
Controlled substance prescriptions per person (2008)	1.31	1.76	25%
Annual substance use arrests per 1,000 (2004-08)	10.3	13.4	23%

FAMILY HEALTH	Value	State value	% lower
Eligibility for free or reduced school lunches (2009-10)	6.0%	43.0%	86%

ENVIRONMENTAL HEALTH	Value	State value	% lower
Housing built before 1950 (2000)	32.6%	36.7%	9%

***Among those with private insurance, and by region that also includes Scarborough.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787. Published by the Public Health Division, Health and Human Services Department, City of Portland. Last revised 12/30/2009.

